



Keeneyville M.S. Lunch

October 2017

2

**Chicken Drumstick Dinner Roll
Ham & Cheese Sandwich**

Mashed Potatoes
Fresh Broccoli
Side Salad
100% Fruit Juice
Fresh Fruit Variety

3

**Spaghetti/Meat Sauce
Egg Chef Salad
Dinner Roll**

Vegetarian Baked Beans
Fresh Baby Carrots
Side Salad
Diced Peaches
100% Apple Juice
Fresh Fruit Variety

4

**Corn Dog
Turkey & Cheese on Bun**

Seasoned Broccoli
Fresh Cucumber Slices
Side Salad
Diced Pears
100% Orange Juice
Fresh Fruit Variety

5

**Grilled Cheese Sandwich
Popcorn Chicken Salad
Soft Pretzel Rod**

Tomato Soup
Fresh Celery Sticks
Side Salad
Applesauce
100% Fruit Juice
Fresh Fruit Variety

6

Institute Day



9

*No School
Columbus Day*

**Celebrate National
School Lunch
Week with Prizes
All Week Long!**

10

**CHICK 'N' CHEESE
HOT GRILLER**

**Chicken Parmesan
Sandwich
Fruit & Cheese Plate
Crackers**

Seasoned Green Beans
Fresh Celery Sticks
Side Salad, Diced Peaches
100% Apple Juice
Fresh Fruit Variety

11

**CHICK 'N' CHEESE
HOT GRILLER**

**Macaroni & Cheese
Turkey & Cheese
Sandwich**

Steamed Carrots
Fresh Cucumber Slices
Side Salad
Diced Pears
100% Orange Juice
Fresh Fruit Variety

12

**CHICK 'N' CHEESE
HOT GRILLER**

**Tater Tot Nachos
Tortilla Chips
Ham Pizza Salad
Breadstick**

Seasoned Refried Beans
Fresh Baby Carrots
Side Salad, Applesauce
100% Fruit Juice
Fresh Fruit Variety

13

**CHICK 'N' CHEESE
HOT GRILLER**

**BBQ Rib Sandwich
Ham & Cheese Wrap**

Steamed Broccoli
Fresh Red Pepper Strips
Side Salad
100% Apple Juice
Fresh Fruit Variety
Vanilla Pudding

16

**STEAK 'N' CHEESE
HOT GRILLER**

**Mozzarella Sticks
Marinara Sauce
Ham, Turkey, & Cheese
Sandwich**

Seasoned Corn
Fresh Broccoli
Side Salad
100% Fruit Juice
Fresh Fruit Variety

17

**STEAK 'N' CHEESE
HOT GRILLER
National Pasta Day**

**Chicken Penne Alfredo
Popcorn Chicken Salad
Soft Pretzel Rod**

French Fries
Fresh Red Pepper Strips
Side Salad, Diced Peaches
100% Apple Juice
Fresh Fruit Variety

18

**STEAK 'N' CHEESE
HOT GRILLER**

**Hot Dog on Bun
Turkey & Cheese
Sandwich**

Steamed Broccoli
Fresh Baby Carrots
Side Salad, Diced Pears
100% Orange Juice
Fresh Fruit Variety
Cherry Gelatin

19

**STEAK 'N' CHEESE
HOT GRILLER**

**Beef Nachos
Egg Chef Salad
Flatbread**

Kickin' Pinto Beans
Fresh Celery Sticks
Side Salad
Applesauce
100% Fruit Juice
Fresh Fruit Variety

20

**STEAK 'N' CHEESE
HOT GRILLER**

**Chicken Tenders
Soft Pretzel Rod
Ham & Cheese Sandwich**

Green Peas
Fresh Cucumber Slices
Side Salad
100% Apple Juice
Fresh Fruit Variety

23

**Salisbury Steak
Dinner Roll
Turkey & Cheese Wrap**

Green Beans & Carrots
Cucumber Slices
Side Salad
100% Fruit Juice
Fresh Fruit Variety
Berry Gelatin

24

**Popcorn Chicken Bowl
Soft Pretzel Rod
Fruit & Cheese Plate
Soft Pretzel Rod**

Seasoned Corn
Fresh Celery Sticks
Side Salad
Diced Peaches
100% Apple Juice
Fresh Fruit Variety

25

**Macaroni & Cheese w/
Ham
Turkey & Cheese
Sandwich**

Vegetarian Baked Beans
Fresh Baby Carrots
Diced Pears
100% Orange Juice
Fresh Fruit Variety

26

**French Toast Sticks
Chicken Sausage Patty
Chicken & Cheese Salad
Dinner Roll**

Tater Tots
Fresh Red Pepper Strips
Side Salad
Applesauce
100% Fruit Juice
Fresh Fruit Variety

27

**Mini Corn Dogs
Ham & Cheese Sub**

Steamed Broccoli
Fresh Cucumber Slices
Side Salad
100% Apple Juice
Fresh Fruit Variety

30

**Pancakes
Cheese Omelet
Ham, Turkey, & Cheese
Sandwich**

Tater Tots
Fresh Red Pepper Strips
Side Salad
100% Fruit Juice
Fresh Fruit Variety

31

Happy Halloween!

**Soft Tacos
Ham & Cheese Salad
Dinner Roll**

Frozen Fruit Sidekick
Kickin' Pinto Beans
Fresh Baby Carrots
Side Salad
Diced Peaches
100% Apple Juice
Fresh Fruit Variety

**TRY OUR HOT
GRILLERS FUEL
SPECIALS FOR A
LIMITED TIME
OCTOBER 10-20
CHICK 'N' CHEESE
STEAK 'N' CHEESE**

**Now for a Limited Time –
Strawberry Milk
Available Every Day This
Month!**

**Prices (all meals include milk): Paid \$3.20 /
Reduced \$0.40 / Adult \$3.40 Milk only \$0.90**

Daily Variety Entrees: Spicy Popcorn Chicken or
Chicken Nuggets, Cheese & Pepperoni Pizza,
Regular & Spicy Chicken Patty Sandwich,
Cheeseburger, Sunbutter & Jelly Sandwich

1% White, Skim & Fat Free Chocolate Milk Available

Students must select a serving of fruit or veggies as part of their meal per USDA regulations

Questions? Please call 630-894-4576

We are a peanut & tree nut free provider.

Menu is subject to change without notice.

Apply for free/reduced breakfast & lunch at your school office.